

Jennifer L. McCleary, DC, CCSP

Personal Information

Age 30

License no. 2006000482 MO MTA (expiration 2/28/2011)

Summary of qualifications

Board certified and licensed chiropractic sports physician and acupuncturist, with 5 years of past experience as phlebotomist and laboratory technician. These skills I have used collectively to manage the health of patients in the general population as well as elite athletes world wide and in a variety of disciplines both individually and as part of a team.

Education

1997–2001 University of Tennessee Knoxville, TN

Bachelors of Science in Education

- Major: Exercise Science
- Exercise Physiology
- Exercise Testing and Prescription
- Physical Activity for Special Populations
- Biomechanics
- Athletic Training Techniques
- Biology/Physics/Chemistry

2002-2003 Logan College of Chiropractic, Chesterfield, MO

Bachelors of Science in Human Biology

- General Biological Sciences
- Biochemistry
- Anatomy/Physiology (with cadaver lab hours)

2002-2005 Logan College of Chiropractic, Chesterfield, MO

Doctor of Chiropractic

- Laboratory Diagnosis
- Radiographic Diagnosis
- Physical Diagnosis
- Nutrition
- Spinal Manipulation
- NBCE board certification for Parts I-IV, Acupuncture, and Physical Therapy

Training of Techniques

- Activator (track 1)
- Reinert Specific (Diversified) Technique
- Logan Basic
- Active Release Technique (spine)
- Applied Kinesiology
- Thompson
- ProAdjuster

Continued Education

- 100 hours Basic Acupuncture Certification Course
- 12 hours Whiplash
- 12 hours Certified Chiropractic Sports Physician (intro to sports chiropractic)
- 12 hours Certified Chiropractic Sports Physician (foot, ankle, hip, gait analysis)
- 24 hours Certified Chiropractic Sports Physician (shoulder)
- 12 hours Certified Chiropractic Sports Physician (elbow, wrist, hand)
- 12 hours Certified Chiropractic Sports Physician (sideline physician)
- 12 hours Certified Chiropractic Sports Physician (spinal injuries)
- 12 hours Certified Chiropractic Sports Physician (taping and bracing)
- 12 hours Certified Chiropractic Sports Physician (women, peds, geriatrics)
- Nationally board Certified Chiropractic Sports Physician (CCSP) by ABCSP

Professional Experience

2006-present Triad Sports & Family Chiropractic, LLC St. Louis, MO

Chiropractic Physician/Owner Triad Sports & Family Chiropractic

- Office management
- Patient care
- Financial decisions
- Community health education

Adjunct Faculty, Logan College of Chiropractic-

- Instructor in Masters program, Emergency Sports Care (lecture/lab)

Adjunct Faculty, Fontbonne University-St. Louis (2007-present)

- Instructor Environmental Science (lab/lecture)

Team Physician (Normandy HS varsity football, 2006-present)

- Manage acute injuries, rehabilitation and return to play
- Oversee medical emergencies for home games

Guest Lecturer, St. Louis University (Masters Athletic Training 2008)

- Conservative Treatment Modalities course

Ringside Physician- Boxing (2008)

- Pre and post bout physical exam
- Assess injuries to athletes

Club Chiropractic Physician-12th & Park Boxing Program (2008)

- Chiropractic care for athletes in training
- Address acute and chronic injuries for amateur and professional fighters

Medical Coordinator (2007 AAU Taekwondo MO State Tournament)

- Organize medical team
- Assess life threatening spinal injuries
- Minor first aid and sport injury management

Event Chiropractic Physician

- 2005 Bolivarianos Games
- 2006 US Figure Skating Championships
- 2006 Central American and Caribbean Games
- 2006 USA Taekwondo National Championships
- 2007 USA Taekwondo National Qualifier
- 2007 Missouri Pro Cycling Tour (back up coverage)
- 2008 Taekwondo US Open

- 2008 NAIA Track and Field National Championship
- 2008 AAU Taekwondo National Championships
- 2009 Dancing with the Stars national tour (local on site coverage)
- 2009 NAIA Track and Field National Championship
- 2009 USA Judo National President's Cup Championship

Practical Skills

- Chiropractic manipulative therapy (CMT)
- Physical therapeutic modalities
- Rehabilitative exercise protocols
- MO licensed and NBCE board certified in acupuncture
- Proficient in *Kinesiotaping* techniques
- Introductory athletic taping
- Basic conversational Spanish skills
- Classroom teaching experience (secondary and university level)
- Coordinating team and working amongst multidisciplinary healthcare providers
- First Aid/CPR/AED training (American Heart Association)
- Website design
- Internal and external marketing experience

Objective

To provide a superior level of patient care to those looking to recover from specific conditions as quickly as possible in order to improve quality of life at every stages of development and lead to a positive and lasting impact on the community.

Interests and current activities

- American Chiropractic Association member
- Missouri State Chiropractic Association member
- Urban League Young Professionals of Greater St. Louis member
- Research: Chiropractic and HIV/AIDS Patients
- Public Health Education
- Athletes injury and peak performance care
- Healthy Youth Partnership member
- 2008 Prostate Awareness Foundation Kilimanjaro Charity Climb
- Grace Hill Settlement House Board of Directors

**Honours and
Awards**

- Who's Who in Black St. Louis inclusion (2007-present)
- 2008 Urban League Young Professionals Business Leader of the Year