

Jennifer L. McCleary, DC, CCSP®, CSCS®, MTAA, RYT-200®

Personal Information

Age 37

Chiropractic Physician License #2006000482 Missouri (expiration: 2/28/2017)

#33288 California (expiration: 2/28/2017)

Summary of qualifications

Board certified and licensed Chiropractic Sports Physician and Strengthen and Conditioning Specialist. These skills I have used collectively to manage the health of patients in the general population as well as elite athletes.

Objective

To provide a superior level of care to those looking to recover from specific conditions as quickly as possible in order to improve quality of life at every stages of development and lead to a positive and lasting impact on the community.

Education

1997-2001 University of Tennessee Knoxville, TN

Bachelors of Science in Education

Major: Exercise Science

- Anatomy/Physiology
- Exercise Physiology
- Biomechanics
- Exercise Testing and Prescription
- Athletic Training Techniques

2002-2003 Logan College of Chiropractic Chesterfield, MO

Bachelors of Science in Human Biology

- General Biological Sciences
- Biochemistry
- Anatomy/Physiology (with cadaver lab hours)

2002-2005 Logan College of Chiropractic Chesterfield, MO

Doctor of Chiropractic

- Laboratory Diagnosis
- Radiographic Diagnosis
- Physical Diagnosis
- Nutrition
- Spinal Manipulation
- NBCE board certification for Parts I-IV, Acupuncture, and Physical Therapy

Certifications

- Certified Chiropractic Sports Physician® (#4505)
- Certified Strength and Conditioning Specialist® (#201175372)
- USA Track and Field Level 1 Coach (#12535614)
- Registered Yoga Teacher, RYT-200® (#189834)

Training of Techniques

- Activator (track 1)
- Reinert Specific (Diversified) Technique
- Logan Basic
- Active Release Technique (spine)
- Applied Kinesiology
- Thompson
- ProAdjuster
- Sacro Occipital Technique

Continued Education

- 100 hours Basic Acupuncture Certification Course
- 48 hours of acupuncture continuing education
- 12 hours Whiplash seminar
- 12 hours Certified Chiropractic Sports Physician (intro to sports chiropractic)
- 12 hours Certified Chiropractic Sports Physician (foot, ankle, hip, gait analysis)
- 24 hours Certified Chiropractic Sports Physician (shoulder)
- 12 hours Certified Chiropractic Sports Physician (elbow, wrist, hand)
- 12 hours Certified Chiropractic Sports Physician (sideline physician)
- 12 hours Certified Chiropractic Sports Physician (spinal injuries)
- 12 hours Certified Chiropractic Sports Physician (taping and bracing)
- 12 hours Certified Chiropractic Sports Physician (women, peds, geriatrics)
- 12 hours ProSport Chiropractic hands on seminar (12/2010)
- Professional Football Chiropractic annual workshop (2/2011)
- American Board of Chiropractic Sports Physicians Symposium (2012, 2013)
- USA Track and Field Level 1 Coaching Essentials (2/2015)
- 200 hours Yoga Teacher Training through Yoga Six, RYS® (2016)

Professional Experience

Chiropractic Physician/Owner Triad Sports & Family Chiropractic (2006-present)

- Office management
- Patient care
- Marketing and advertising
- Community health education programs

Resident Chiropractor at No Shelter Cross Fit, St. Louis (9/2015-present)

- Provide sports injury and prevention consultations
- Provide chiropractic and soft tissue treatment for athletes

Internship Site Supervisor

- Missouri Baptist University BS Exercise Science program (2014-present)
- Logan College University of Health Sciences MS Sports and Rehabilitation (2015)

Adjunct Faculty, Logan College of Chiropractic (2009-2011)

Instructor for Master's program in Sports and Rehabilitation

Adjunct Faculty, Fontbonne University-St. Louis (2007)

- Instructor for basic sciences

Team Physician (Normandy High School varsity football (2006-2010)

- Manage acute injuries, rehabilitation and return to play
- Oversee medical emergencies for home games

**Professional Experience
(continued)**

Ringside Physician- local USA Boxing tournaments (2008)

- Pre and post bout physical exam
- Assess injuries to athletes

Club Chiropractic Physician-12th & Park Boxing Program (2008)

- Chiropractic care for athletes in training
- Address acute and chronic injuries for amateur and professional fighters

Medical Coordinator (2007 AAU Taekwondo MO State Tournament)

- Organize medical team
- Assess life threatening spinal injuries
- Minor first aid and sport injury management

Sweep Team Coordinator (Rock and Rock Marathon, St. Louis)

- Oversee a team of medical volunteers for finish line coverage
- Route medical distressed competitors to triage area

Event Chiropractic Physician (individual or as part of sports medical team)

- 2005 Bolivarianos Games (Pereira, Colombia)
- 2006 US Figure Skating Championships (St. Louis, MO)
- 2006 Central American and Caribbean Games (Cartagena, Colombia)
- 2006 USA Taekwondo National Qualifier (Cleveland, OH)
- 2007 USA Taekwondo National Qualifier (Kansas City, MO)
- 2007 Missouri Pro Cycling Tour back up coverage (St. Louis, MO)
- 2008 Taekwondo US Open (New Orleans, LA)
- 2008 NAIA Track and Field National Championship (Edwardsville, IL)
- 2008 AAU Taekwondo National Championships (Madison, WI)
- 2009 Dancing with the Stars national tour (local/St. Louis on site coverage)
- 2009 NAIA Track and Field National Championship
- 2009 USA Judo National President's Cup Championship (Marietta, GA)
- 2010 USA Volleyball Mizuno Mid-East Qualifier (St. Louis, MO)
- 2011 USA Taekwondo Nationals (Dallas, TX)
- 2012 USOC Olympic Training Center, 2-week rotation (Colorado Springs, CO)
- 2014 USOC Olympic Training Center, 1-week rotation (Chula Vista, CA)
- 2014 BMX Recon Tour (St. Louis, MO)
- 2016 Taekwondo U.S. Open (Reno, NV)

Practical Skills

- Chiropractic manipulative therapy (CMT)
- Physical therapeutic modalities
- Corrective exercise protocols
- MO licensed and NBCE board certified in acupuncture
- Proficient in various kinesiology taping methods
- Introductory athletic taping
- Basic conversational Spanish skills
- Classroom teaching experience (secondary and university level)
- Coordinating team and working amongst multidisciplinary healthcare providers
- First Aid/CPR/AED training (American Heart Association)
- Internal and external marketing experience

Interests and current activities

- Examiner, National Board of Chiropractic Examiners
- St. Louis Institute of Integrated Medicine (SLIIM) member
- American Chiropractic Association member
- American Chiropractic Board of Sports Physicians member
- USA Gymnastics National Health Care Referral Network member
- Grace Hill Settlement House Board of Directors (2009-2011)
- Public Health Education
- 2008 Prostate Awareness Foundation Kilimanjaro Charity Climb

Lectures and presentations

- Guest Lecturer, St. Louis University (Masters Athletic Training 2008)
- Conservative Treatment Modalities lecture

Professional references

References and copy of licenses or other certifications are available upon request